

Natureza do trabalho: Resumo

TÍTULO

COGNI-AÇÃO PROJECT: A COGNITIVE AND BEHAVIORAL REHABILITATION IN UNIVERSITY EXTENSION

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RESUMO

The Cogni-Ação is an extension project conducted in the School Clinic of Dom Bosco Catholic University in the city of Campo Grande whose activities are developed by trainees of Psychology and Physiotherapy together and target the evaluation and cognitive stimulation and behavioral rehabilitation of patients affected by some neurological disorder (congenital or acquired), sent by public health services or willingly. The methodology includes assessing the physical, behavioral and cognitive impairments through tests and standardized scales as the Wechsler Intelligence Scale for Children (WISC-III) and Wechsler Adult Intelligence Scale (WAIS-III), tests of attention, memory and intelligence, screening tests (Addenbrooke exam), evaluation of psychomotor development and functional activities. The stimulation and rehabilitation are made individually and/or in groups, depending on the level of commitment of the patient, and involves exercising the psychomotor and cognitive stimulation, discriminative training, training of daily living activities, psycho-educational games, integrative workshops, conversation, reading, writing, musicalization, and others kinds of tests. The project also offers psychological support for families and caregivers of the patients. This multidisciplinary work has contributed to the academic formation, because instrumentalizes the student to work in cognitive and behavioral rehabilitation, developing actions that contribute to the autonomy and quality of life of patients with neurological impairments.